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| **Dept / Sub-Unit / Unit / Formation:** | **22 Signal Regiment** | **Assessor (No, Rank, Name):** | SSgt Potter |
| **Activity (SSW) / Exercise (SST):** | **UKMFOS - Squash** | **Assessor’s signature:** | L.Potter |
| **Generic or Specific Risk Assessment:** | Specific | **Assessment Date:** | 19 Jul 21 |
| **Relevant Publications / Pamphlets / Procedures:** | -A. AGAI Vol 1 Chapter 5  -B. JSP 375 Ch 41 Heat Injury prevention  -C. 2014DIN01-099 Status of Sports in the services  -D. Medical cover for sport | **Review Date** **for GRA** (Step 5)**:** |  |

| (a) | (b) | (c) | (d) | (e) | (f) | (g) | (h) | (i) | (j) | (k) | (l) | (m) | (n) |
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| **Ref** | **Activity / element**  (Step 1a) | **Hazards identified**  (Step 1b) | **Who or what might be harmed and how**, e.g.  • Military personnel - fatality  • Civ staff / contractors - injury  • General public - injury • Environment - spill(Step 2) | **Existing control measures**  (Step 3a) | **Assessment with  existing controls** | | | **Is residual risk acceptable in the context of risk appetite for the activity?  (Yes / No) – Refer to Risk Score Calculation above** *If Yes, move to column (n). If No, identify  additional controls* (Step 3e) | **Reasonable additional controls that can be implemented to reduce risk  to ALARP** (Step 3f) | **Reassessment with additional  control measures** | | | **List required action(s)  to instigate controls** (Step 3j) |
| **L  (1 to 5)** (Step 3b) | **I (1 to 5)** (Step 3c) | **Score  (L x I)** (Step 3d) | **L  (1 to 5)** (Step 3g) | **I (1 to 5)** (Step 3h) | **Score  (L x I)** (Step 3i) |
| 1 | Squash UKMFOS | MSKI | * Military personnel;   All MSKI | Make sure that all participants warm up prior to and cool down after the lesson to avoid any sprains, strains or injuries.  Floor around the courts to be kept dry and free from debris and obstruction.  Suitable footwear must be worn when playing.  Court doors, walls and surface checked prior to event commencing. | 2 | 1 | 2 | Yes |  |  |  |  | The SQEP will be OIC of all activity conducted and ensure all SOP's are adhered to.    Pre-equipment/venue checks implemented before use. |
| 2 | Squash UKMFOS | Surface | * Military personnel;   All MSKI | Area checked prior to competition starting.  No fluids will be taken onto the court unless in the event of medical treatment.  In the event of a fluid spillage play will be stopped and the spillage cleaned up immediately. | 2 | 1 | 2 | Yes |  |  |  |  | Participants will be verbally briefed prior to the event taking place. |
| 3 | Squash UKMFOS | Climatic Conditions  Heat Illness  Cold Injury | * Military personnel;   HI and CI | 1. WBGT guidelines are to be strictly adhered to;  JSP 375 Ch 41 Annex C.  1. The Instructor is to adapt the duration/intensity of the lesson to suite the condition and keep the lesson safe, in accordance with the above publications.  2. Rehydration periods must be given during the competition. In addition, the instructor is to monitor hydration status throughout. (Guidance can be sort in ref B)  2a. All staff are to monitor the participants for heat illness and injuries during the water stops.  3. In the event of a heat casualty or suspected heat casualty, the instructor is to terminate the test and treat suspected casualty immediately. Guidance on the signs and symptoms of a heat casualty can be found at Annex A to ref B.  5. The above publications are to be adhered to in all instances. In ambiguous situations, advice is to be sought from an RAPTCI. | 3 | 2 | 6 | Yes |  |  |  |  |  |
| 4 | Squash UKMFOS | Equipment | * Military personnel;   MSKI  EYE Injuries | Equipment will be checked for suitability prior to event commencing.  Correct clothing/PPE will only be allowed on the courts.  Rackets/balls checked for suitability prior to the event taking place.  Although not mandated participants will be advised to wear eyewear prior to the event. | 2 | 1 | 2 | Yes |  |  |  |  |  |
| 5 | Squash UKMFOS | Jewellery | * Military personnel;   MSKI | Participants will be told to remove any loose/unsecured jewellery prior to the event. | 2 | 1 | 2 | Yes |  |  |  |  |  |
| 6 | UKMFOS | Fire | * Military personnel;   MSKI | Suitable and in date firefighting equipment is available in the squash courts.  Gymnasium SOPs strictly adhered to throughout the event.  Participants will be briefed on the actions on “fire” prior to the event. | 2 | 2 | 4 | Yes |  |  |  |  |  |
| 7 | UKMFOS | COVID 19 Infection | * Military personnel;   MSKI | Signage and wayfinding in all circulation areas including reminders regarding social distancing. Details found at Gym reception  Initial deep clean of all contact surfaces prior to players entering the building.  Daily cleaning schedule for off-court (by gym staff) and court areas (by players) throughout the day.  Immediate disposal of all used cleaning wipes and used materials. Bins provided and emptied daily.  Removal of any unnecessary furniture to discourage socialising and reduce number of contact surfaces.  Hand sanitiser and wipes provided for use by players and staff in addition to hand washing available in toilets.  Entry and exit routes to the court area are designated and marked on the floor. Members are to maintain social distancing when going through doorways, by not passing through when others coming the way.  No general squash equipment will be made available for use, players will use their own equipment.  Numbers of squash players to be controlled outside and in the squash courts:  Max 6 behind squash courts at 2m SD.  Max 2 players per squash court for matches & unofficial training  Players are to vacate the squash court 5 minutes before end of session and be clear of the squash courts area by end of time block. Oncoming players are not to arrive before the allocated start time.  Permitted activities iaw England Squash and Stn guidance:  Squash ball – handling rules:  To reduce sweat droplet, players will be encouraged to adopt the use of sweatbands and regularly change playing kit. Wiping hands on walls or rear glass back wall is strictly prohibited.  Coaches entering the court area must maintain strict social distancing at all times.  Bring own fluids/refreshments and use own water bottle at all times. No use of communal water fountains. All personal ‘waste’ (empty water bottles, wrappers etc to be taken home.  Each player to have own separate area behind the court to store kit/personal belongings.  Players should arrive in kit and no earlier than five minutes not before the session start time. Players should exit the building following the end of the session.  The squash door is to be opened and closed by one player only and then cleaned (both sides) at the end of the match. | 2 | 2 | 4 | Yes |  |  |  |  |  |

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| **Authorising Officer / Warrant Officer (at unit level)** | **No, Rank, Name** | **Post** | **Date** | **Signature** |
| **Existing and additional controls agreed** | 30049986, SSgt Potter | UKMFOS Squash OIC | 19 Jul 21 | *L . Potter* |
| **Where risk is elevated up the CoC, CO to confirm additional controls implemented** |  |  |  |  |

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| **Key Guidance** This section provides a quick overview of some of the key concepts in Army risk assessment. Refer to Notes section for further information. The first line of the risk assessment table, below, shows an illustrative example.  **Hazard** is anything that may cause harm, e.g. working at height on a ladder.  **Risk** is the chance that someone or something could be harmed by the hazard, measured by combining (multiplying) the likelihood of it happening with its impact (severity). For example, there may be a ‘possible’ likelihood that someone that is not competent could fall from a ladder (3 rating – see right) combined with a ‘moderate’ impact of multiple injuries (2 rating), which creates a score of 6 (low risk). However, the risk should be reduced to as low as reasonably practicable (ALARP) through the implementation of control measures, such as ensuring that only trained people climb the ladder.  **Dynamic Risk Assessment** compliments generic and specific risk assessment. Regardless of completing this AF 5010, it is beholden on the person creating the risk to continue to monitor the activity and the control measures. Any changes to the activity (including the environmental conditions) or the control measures, must be addressed via the mechanism of a dynamic risk assessment such that risks remain ALARP.  Note however that persons undergoing training cannot be deemed competent until their capability is properly assessed | | | | **Likelihood (L)** | | **Multiplied by** | **Impact (I)** | **Equals** | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **Risk Score Calculation** | | | | | | | |  | | **Likelihood** | | | | | | **1** | **2** | **3** | **4** | **5** | | **I**  **m**  **p**  **a**  **c**  **t** | **5** | **5** | **10** | **15** | **20** | **25** | | 4 | **4** | **8** | **12** | **16** | **20** | | **3** | **3** | **6** | **9** | **12** | **15** | | **2** | **2** | **4** | **6** | **8** | **10** | | **1** | **1** | **2** | **3** | **4** | **5** | | |
| 1 – Remote / Rare  2 – Unlikely  3 – Possible  4 – Probable  5 – Highly Probable  (Almost Certain) | | 1 – Minor  2 – Moderate  3 – Major  4 – Severe  5 – Critical  *Note: impact number is unlikely to change with control measures* |
| **5 Step Process** | Step 1 – Identify the hazards | Step 2 – Decide who might be harmed and how | Step 3 – Evaluate the risks and decide  on precautions (control measures) | | Step 4 – Record your significant findings and include in Ex / Coord instructions as necessary. Implement control measures | | | | | Step 5 – Review your risk assessment and update as necessary |

NOTES

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| **Risk = Likelihood x Impact**   |  |  |  | | --- | --- | --- | | **Likelihood** | | **Definition** | | **5** | **Highly Probable  (Almost Certain)** | Is expected to occur in most circumstances | | **4** | **Probable** | Will probably occur at some time, or in most circumstances | | **3** | **Possible** | Fairly likely to occur at some time, or some circumstances | | **2** | **Unlikely** | Is unlikely to occur, but could occur at sometime | | **1** | **Remote / Rare** | May only occur in exceptional circumstances |  |  |  |  | | --- | --- | --- | | **Impact** | | **Definition (Health Safety and Environment)** | | **5** | **Critical** | * Multiple fatalities or permanent, life changing injuries. * Permanent loss or damage beyond remediation of an important and publicly high-profile natural resource, area or species. * Multiple incidents causing a major environmental impact. | | **4** | **Severe** | * A single death or multiple life-threatening injuries. * Severe damage over a wide area and/or on a prolonged basis to a natural resource, including controlled waters, or geography requiring multi-year remediation. * Single incident causing a major environmental effect or multiple incidents causing significant effect. | | **3** | **Major** | * Single life changing injury or multiple injuries which have a short-term impact on normal way of or quality of life. * Moderate damage to an extended area and/or area with moderate environmental sensitivity (scarce/ valuable) requiring months of remediation. * Single incident causing significant environmental impact. | | **2** | **Moderate** | * Multiple injuries requiring first aid. * Moderate damage to an area, and that can be remedied internally. * Multiple incidents causing minor environmental effect. | | **1** | **Minor** | * An Injury requiring first aid * Limited short-term damage to an area of low environmental significance/ sensitivity * Incidents causing minor environmental impacts | | **Step 5 -** Review the generic risk assessment and update if necessary - All generic risk assessments should be regularly reviewed at a frequency proportional to the risk prior to any controls being proposed. In practice generic risk assessments should be reviewed at least annually, or more frequently:  • where required by local instructions/procedures;  • if the safe execution of the activity relies on stringent supervision and/or adherence to a safe system of work;  • if there is reason to doubt the effectiveness of the assessment.  • following an accident or near miss.  • following significant changes to the task, process, procedure, equipment, personnel or management.  • following the introduction of more vulnerable personnel (e.g. persons under 18 or pregnant persons). |